



Vassa
spa By Karisma

WHERE NATURE MEETS LUXURY











WELCOME

AT VASSA SPA WE MAKE IT PERSONAL.

Elevate Your Senses, Renew Your Spirit

At Vassa Spa, we invite you to embark on a journey of relaxation, rejuvenation, and self-discovery. Nestled within the luxurious embrace of Bor Hotel by Karisma, we provide an oasis of tranquility in the heart of paradise.

Our Philosophy

Vassa Spa is not just a destination; it's an experience. We believe in the profound connection between mind, body, and spirit. Our approach to wellness fuses traditional spa rituals with luxury treatments, all designed to help you achieve a state of blissful harmony.

Discover a World of Wellness

Unwind and rejuvenate with our thoughtfully curated spa menu, offering an array of treatments that cater to your unique needs and desires. Indulge in personalized therapies, rituals, and age-defying skincare, and luxury hair rituals, all performed by our experts.

Our Partnership with Elemis® and Kérastase®

We're proud to partner with Elemis and Kérastase®, leading in the skincare, wellness and haircare industries. These collaborations allow us to provide you with a world-class experience, drawing upon the power of nature and cutting-edge science to transform your well-being.

hair

OUR PREMIUM
SALON CONCEPT OFFERS
LUXURY HAIRCARE PRODUCTS,
DELUXE TREATMENTS
AND SERVICES.

Using advanced technology,
the experts at the Kérastase® Salon
can diagnose individual haircare needs
and create personalized treatments.



HAIR TREATMENTS

KÉRASTASE® **Fusio-Dose™ Instant** **Hair Treatment**

An instant and personalized ritual for hair fiber. Fusio-Dose combines highly concentrated formulas with powerful boosters for custom-designed results. Dry hair is intensely nourished, damaged hair is repaired and strengthened, the radiance of color-treated hair is restored, and mature hair is re-densified.

⌘ KÉRASTASE® **Elixir Ultime** **24-Carat Indulgent Ritual**

This treatment is performed in five parts, allowing you to experience all the benefits of a series of blends made from the Elixir Ultime oils. Relaxing massage and customized oil application techniques make the active ingredients from Elixir Ultime oil easy to penetrate hair and scalp. For hair that is elastic, softened and enriched with natural shine.

⌘ KÉRASTASE® **Caviar Treatment**

Invigorate hair and scalp with an exceptional ritual that nourishes from roots to ends. Mimetic caviar pearls are crushed to release active ingredients and marine nutrients to nourish and strengthen the hair.

⌘ KÉRASTASE® **Soleil Suncare Ritual**

Crafted with KÉRASTASE® expertise, each product in this lineup nourishes, repairs, and protects your hair from UV rays, salt, and chlorinated water. From the gentle cleansing of Soleil Bain Après-Soleil to the deep conditioning of Soleil Masque Après-Soleil, indulge in a sensorial experience that leaves your hair soft, resilient, and radiant, making every day in the sun a beauty ritual.

KÉRASTASE® **Aura Botanica**

Derived from Spa treatments, this detoxifying ceremony harnesses the benefits of botanicals to delicately yet effectively eliminate impurities, infusing the hair with an ideal measure of Moroccan argan oil, Samoan coconut oil, and Damascus Rose Water-all derived from natural sources.

KÉRASTASE® **Hair Detox:** **Anti-Pollution Ritual**

Luxurious and innovative in-salon hair treatment designed to combat the damaging effects of pollution on your hair and scalp. This high-end service is offered by Kérastase, a renowned brand in the world of professional hair care.

KÉRASTASE® **Dandruff Elimination Protocol**

Helps eliminate dandruff dry and oily flakes-Purifies scalp activity for better scalp quality-Hair is soft, weightless and radiant.

KÉRASTASE® **Soothed Scalp Protocol**

Soothes scalp discomforts such as burning redness, itchiness and tingling. Eliminates scalp impurities. Alleviates, refreshes and moisturizes the scalp. Hair feels revitalized, light and supple.

KÉRASTASE® **Hair Loss Control Protocol**

Stops premature follicle aging-Stimulates biological scalp activity for better scalp quality. Regenerates hair metabolism-Texturizes hair for immediate volume and fullness.

ELEMIS® **Frangipani Conditioning** **Hair & Scalp Ritual**

Soothing your mind, a gentle scalp massage will boost circulation and stimulate a healthy hair-growth. A rich blend of Coconut Oil infused with the Frangipani essence provides deep conditioning to brittle and dull hair-restoring a lustrous glow.

face

OUR RENOWNED HANDS-ON FACIAL TREATMENTS USE TOUCH AS A POWERFUL DIAGNOSTIC TOOL, SOFTENING AND PREPPING THE SKIN TO RECEIVE ACTIVES.

The product is applied using a combination of ancient and modern massage techniques from around the world. The hands of a highly trained therapist are profoundly effective anti-aging tools. This is where intuition meets expertise with clinically proven results.



FACE TREATMENTS

PRO GLOW | POWERED BY HANDS

Pro-Glow Renewal **50min**

ELEMIS' signature deep cleansing skin wellness facial, showcases Prebiotics and antioxidant-rich goodness to deliver a healthy-looking and lit-from-within glow. Utilizing potent resurfacing techniques, this treatment employs gently smoothing, deeply hydrating, and skin-friendly formulations enriched with nutrient-packed Superfoods to nourish and safeguard, ensuring the maintenance of healthy and balanced skin. After just one session, the skin appears visibly refreshed and restored.

Pro-Glow Smooth **50min**

Enhance skin vitality and elasticity, and diminish fine lines, and wrinkles using our clinically proven formulations combined with our signature skin-lifting massage techniques. Our potent resurfacing process eliminates dead skin cells, promoting a smooth, renewed, and refined complexion, and enhancing skin tone and luminosity. The skin is prepared for a surge of hydration, doubling its moisture levels, resulting in a plump and well-hydrated feel, accompanied by an immediate and visibly tightened effect. Following just one treatment, the complexion appears firmer, exceptionally smooth, and rejuvenated.

✧ **Pro-Glow Resurface** **50min**

Purify and brighten as the skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimizes the look of uneven tone, texture, fine lines and pigmentation. Resurfacing removes dead skin cells, whilst supercharged deep cleansing eliminates impurities, makeup and debris for an immediately clearer, brighter complexion. Thoughtfully crafted blends promote hydration, balance, and enhanced skin clarity, unveiling luminous, baby-smooth skin. Dull, uneven, and tired-looking skin will instantly appear brighter, smoother, and revitalized.

Pro-Glow Energizer for Men **50min**

Experience the ELEMIS exclusive deep-cleansing skin wellness facial tailored for men—an iconic encounter that reveals a healthy, radiant glow from within. Harnessing the potency of Prebiotics and antioxidant-rich ingredients, this signature treatment blends efficient resurfacing with super-hydrating, skin-friendly formulas, and nutrient-packed Superfoods. The result is visibly refreshed and rebalanced skin, evident after just one session.

✧ **Pro-Glow Brilliance** **50min**

Nourish and glow with this brightening-boosting facial, reviving dull, lackluster skin. Turn up the brightness with our triple cleanse, melting away makeup, daily pollutants, and grime. Gentle resurfacing dissolves dead skin cells to reveal healthy and clearer-looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

FACE TREATMENTS

PRO GLOW | ADD ON

Illuminate your beauty with the Elemis Pro Glow Add-On, a quick yet luxurious enhancement that imparts a radiant glow, adding a luminous touch to your skincare experience.

*Available only for already booked treatments as an add-on and not as a stand-alone treatment.

Pro-Glow Renewal On The Go 15min

Unveil a radiant glow wherever you go with the Elemis Pro-Glow Renewal On The Go. This on-the-fly skincare solution offers a quick and effective revitalization, infusing your skin with a luminous boost in moments. Elevate your radiance on the move with this convenient and indulgent skincare essential.

Hydrate & Plump Upgrade 15min

Drench your skin in pure hydration and plump up your glow with the Elemis Hydrate & Plump Upgrade. In just 15 minutes, this expertly crafted treatment immerses your skin in a surge of moisture, visibly smoothing and revitalizing for a beautifully plumped complexion. Elevate your self-care routine with this quick and luxurious upgrade, leaving your skin nourished, dewy, and irresistibly radiant.

Lift & Sculpt Upgrade

15min

Enhance skin vitality and elasticity, and diminish fine lines, and wrinkles using our clinically proven formulations combined with our signature skin-lifting massage techniques. Our potent resurfacing process eliminates dead skin cells, promoting a smooth, renewed, and refined complexion, and enhancing skin tone and luminosity. The skin is prepared for a surge of hydration, doubling its moisture levels, resulting in a plump and well-hydrated feel, accompanied by an immediate and visibly tightened effect. Following just one treatment, the complexion appears firmer, exceptionally smooth, and rejuvenated.

Brighten & Depuff Upgrade

15min

Nourish and glow with this brightness-boosting facial, reviving dull, lackluster skin. Experience a radiant transformation in just 15 minutes with the Elemis Brighten & Depuff Upgrade. This express treatment revitalizes your skin, targeting dullness and puffiness to reveal a luminous and energized complexion. Indulge in the luxury of advanced skincare technology for a quick, yet powerful, rejuvenating experience.

body

EMBARK ON A SENSORY JOURNEY WITH OUR EXTENSIVE BODY TREATMENTS, WHERE THE SOOTHING POWER OF TOUCH REVEALS A REALM OF RELAXATION AND REJUVENATION. OUR DISTINCTIVE HANDS-ON SESSIONS GO BEYOND MERE INDULGENCE, CREATING AN IMMERSIVE EXPERIENCE THAT PRIMES YOUR BODY TO EMBRACE THE NOURISHING BENEFITS OF CAREFULLY SELECTED ACTIVES.

Experience the application of our specially curated products through a fusion of age-old and contemporary massage techniques from diverse cultures worldwide. The skilled hands of our highly trained therapists serve as remarkably effective tools for promoting rejuvenation and countering the effects of relaxation.



BODY TREATMENTS

⌘ **Deeper than Deep Hot Stone Massage** **90/75/50min**

Integrated seamlessly, heated stones enhance relaxation and facilitate muscle release. The deep permeation of warmth dissolves tension, fostering profound tranquility. Our skilled therapists expertly combine the therapeutic benefits of heat with precise techniques, creating a harmonious and soothing escape. Immerse yourself in nature's healing touch and skillful massage for the ultimate relaxation experience.

⌘ **Pine Tree Muscle Release** **90/75/50min**

Picture the comforting embrace of warm pine wood and fragrant essential oils caressing your muscles, transporting you to a state of pure tranquility. This exquisitely luxurious therapy reawakens your senses in a fresh and inventive manner, evoking the utmost relaxation. Our expert therapist utilizes a blend of deep tissue techniques and gentle strokes to effectively dissolve tension, inducing a state of blissful serenity in your muscles.

Freestyle Deep Tissue Massage **90/75/50min**

Embark on a journey of deep relaxation and healing with our Deep Tissue Massage. Designed to release muscle tension and promote a sense of tranquility, this massage offers a rejuvenating experience tailored to your needs.

Swedish Massage **90/75/50min**

Immerse yourself in pure bliss with our Swedish Massage. Let the gentle, flowing strokes sweep away tension and promote a profound state of relaxation. Indulge in this classic therapeutic experience and emerge feeling utterly refreshed at Vassa Spa.

Couples Massage **90/75/50min**

Embrace togetherness with our enchanting Couples Massage at the Spa. Experience side-by-side massages in an intimate setting, customized to your preferences by skilled therapists. Let soothing ambiance and expert touch enhance your bond, creating an unforgettable, rejuvenating experience for you and your partner. Reconnect with our exquisite Couples Massage.

Reflexology **50min**

Discover holistic healing through Reflexology Foot Massage. Targeting key points on your feet and hands connected to your body's systems, this ancient technique restores balance and promotes well-being. Experience natural rejuvenation as skilled therapists stimulate energy flow, enhancing your body's innate healing abilities.

BODY TREATMENTS

Half-Body Massage

30min

Experience targeted relaxation with our Spa's Half Body Massage. This specialized session eases tension and stress through expert techniques, focusing on your chosen area. Our skilled therapists customize the massage to leave you refreshed and revitalized. Enjoy a worry-melting, vitality-restoring escape.

Frangipani Body Nectar

Nourishing Wrap

75min

This lusciously fragrant, intensely moisturizing body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin-conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier. Complete your journey with a personalized half-body massage.

⌘ Intensely Cleansing Salt Scrub

w/massage 75/50min

Harnessing the remarkable cleansing capabilities of salt, this body-polishing treatment efficiently releases toxins. The fragrant salt of your choosing delicately exfoliates dead skin cells, promoting the regeneration of new cells and creating an ideal canvas for the skin. The result is a smooth and receptive surface, prepared to absorb the deeply nourishing body oil. Experience the luxury of velvety soft, invigorated skin. Conclude your journey with the option of a full or half-body massage, leaving you feeling refreshed and revitalized.

🌿 **Algae Renewal Wrap w/Massage 100/75min**

Experience the ultimate mineral-rich rejuvenation with our Algae Renewal Wrap therapy, where the benefits of aromatherapy merge seamlessly with the bounties of the ocean. Indulge in the warmth of a heated seaweed mask infused with a soothing blend of essential oils, enveloping your body in a cocoon of relaxation. This detoxifying treatment harnesses the power of marine algae to alleviate fatigue, promote internal cleansing, and enhance skin vitality. Conclude your journey with a choice of a full or half-body massage, leaving you refreshed and revitalized.

Peaceful Pregnancy Massage 50min

Indulge in the ultimate relaxation with our Pregnancy Massage at Vassa Spa. Tailored to the unique needs of expectant mothers, our skilled therapists provide gentle and nurturing care to alleviate pregnancy-related discomfort and promote well-being. Experience a tranquil escape in a safe and soothing environment for you and your baby.

Targeted Toning Tightener 50min

Experience the soothing touch of our rejuvenating anti-cellulite massage, specially crafted to target and reduce the appearance of cellulite, leaving your skin feeling smoother and more toned. Our skilled therapists employ a blend of firm yet gentle techniques, combined with luxurious essential oils, to stimulate circulation, break down fatty deposits, and promote a firmer, more youthful silhouette, ensuring a renewed sense of confidence and well-being. Say goodbye to cellulite and embrace a revitalized you at our Spa sanctuary.

🌿 **Peaceful Pregnancy Face and Body Experience 100min**

Indulge in 100 minutes of pure relaxation with our “Peaceful Pregnancy Face and Body Experience.” This serene Spa treatment includes 50 minutes of pampering facial care followed by 50 minutes of soothing pregnancy massage, specially designed to nurture expectant mothers. Rejuvenate your mind and body while celebrating the beauty of pregnancy with this blissful and tailored wellness journey.

spa packages

THIS RANGE OF EXPERTLY CURATED
SPA PACKAGES IS DESIGNED TO DELIVER
FOCUSED RESULTS, RELAXATION
AND RESTORATION.

Each package speaks to
whatever you need,
whenever you need it.



SPA PACKAGES

Deep Relax 160min

- Pro-Glow Resurface
- Head First Scalp Massage
- Pine Tree Muscle Release
- Foot and Ankle Massage

Peaceful Pregnancy 160min

- Peaceful Pregnancy Massage
- Pro-Glow Brilliance
- Best Foot Forward
- Head First Scalp Massage

Skin Fitness 180min

- Pro-Glow Smooth
- Brighten & Depuff Upgrade
- Freestyle Deep Tissue Massage

*1 hr Personal Training Session

*Subject to availability,
Inquire at the Spa reception.

Beautiful Bride 220min

- Pro-Glow Smooth
- Targeted Toning Tightener
- KÉRASTASE® Fusio-Dose™
Instant Hair Treatment
- Shampoo & Blow Dry
- Elegant Up Do and Style

SPA MORE. SAVE MORE

Book three services with this symbol (👉) and you will receive 10% off the most expensive service, 15% off a service of equal or lesser value, and 20% off the least expensive service from your selection.

Treatments cannot be shared with others. All treatments must be booked and paid for in advance. This promotion is subject to availability. Terms and conditions apply. Inquire at the Spa reception.

Extend the indulgence and relaxation with our curated selection of premium Spa products, ideal for continuing your Spa experience at home or sharing the gift of serenity with loved ones.

z teen spa

INTRODUCING Z SPA, AN OASIS
DESIGNED EXCLUSIVELY FOR TEENS,
WHERE SELF-CARE AND RELAXATION
TAKE CENTER STAGE.

Our carefully curated Spa experiences cater to the unique needs of teenagers, promoting wellness, self-confidence, and a rejuvenated spirit. It's the perfect sanctuary for young minds and bodies to unwind, recharge, and discover the benefits of self-care.



Z TEEN TREATMENTS

Mommy & Me Massage **50min**

Discover blissful togetherness with our Mommy and Me Massage—a serene Spa experience uniting mothers with their little ones. Let skilled therapists weave relaxation and connection through gentle touches, creating cherished moments in a tranquil haven of well-being. Forge lasting memories of serenity with this intimate and rejuvenating escape.

Bliss Massage **50min**

Embark on a 50-minute journey of pure relaxation with our Bliss Massage, specially designed for teens. Unwind in a tranquil setting as skilled therapists use gentle techniques, soothing aromas, and calming ambiance to create a blissful escape. Treat the teen in your life to a rejuvenating experience that promotes relaxation

Spa Taster **50min**

Indulge in a blissful spa sampler that combines the best of both worlds – a 25-minute rejuvenating facial and a 25-minute soothing massage. Treat yourself to a brief yet delightful escape, where your skin will be pampered and your body relaxed. Our expert therapists will lavish you with care, leaving you feeling renewed and glowing in just 50 minutes.

Influencer Facial **50min**

Experience the Radiance Boost with our Influencer Facial for Teens. Our specialized Teen Facial Treatment is expertly crafted to nurture young skin and enhance its natural glow, all in a safe and serene setting, courtesy of our

Clear Skin Facial for Boys **50min**

Energize and fortify your skin with our tailored men's facial. Replenish nutrients, neutralize pollutants, and unveil smoother, radiant skin through revitalizing massage techniques. Rediscover your skin's resilience.

HOUSE RULES FOR KIDS & TEENS

Accompanied by a Guardian or Parent:

Guests aged 13-17 must be always accompanied by a responsible adult (parent or guardian) during their Spa visit. This ensures a safe and enjoyable experience for everyone. Salon services are available to guests any age.

Respectful Behavior:

Maintain a respectful and quiet demeanor within the Spa premises. Spa environments are designed for relaxation, and loud conversations or disruptive behavior can disturb others.

Appropriate Attire:

Wear comfortable and modest attire when entering and leaving treatment rooms or common areas. Teens must wear underwear or swimwear during the treatment.

Arrive Early:

Arriving at least 15 minutes before your scheduled appointment allows time for check-in, changing, and relaxation in the Spa's peaceful surroundings.

Consultation:

During your Spa treatment, your therapist or aesthetician will conduct a brief consultation. Teens should openly discuss any allergies, skin concerns, or preferences to ensure a safe and tailored experience. A consultation form needs to be filled out by a parent or a guardian as well as a Parent release form.

Silence Devices:

Turn off or silence electronic devices like smartphones, tablets, or other gadgets to maintain a tranquil atmosphere and prevent interruptions.

Aftercare:

After your treatment, follow any post-treatment care instructions provided by your therapist or aesthetician to maintain the benefits of your Spa experience.

the speed spa

TIME. THERE'S NEVER ENOUGH.
THIS IS WHY THE SPEED SPA DELIVERS
A CONDENSED AND CURATED BLAST
OF OUR BEST TREATMENTS AND
THERAPISTS' EXPERTISE.

We make the minutes count, delivering maximum results, in minimum time. Indulge in the ultimate relaxation experience with Speed Spa, where time-honored therapies meet cutting-edge techniques, leaving you rejuvenated and radiant in no time. Escape the hustle and bustle of everyday life and embark on a journey of sublime tranquility at our exquisite Spa retreat.

THE SPEED SPA TREATMENTS

All treatments 30 minutes

Defying Gravity

There's a fine line between you and younger-looking skin – leap with this powerful anti-aging fast-track treatment. Wrinkles – shut the door on your way out. Unveil a more radiant and confident version of yourself leaving you looking and feeling revitalized.

Glow Business

A burst of brilliance stuffed full of antioxidants, algae and richly active minerals to give the skin a blast of life force. To wake cells up and get them turning over. Your face will be the life and soul of any party.

Head First

This scalp massage is so blissful it should be a secret. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose.

Handle with Care

Rejuvenate your skin's delicate balance with our Nurturing Harmony treatment. Infused with the gentle essence of Lavender, and hydrating Frangipani, this soothing blend is expertly combined with a harmonizing massage to leave your skin feeling cherished and revitalized.

The Unwinder

It's easy like Sunday morning with this mood-soothing power massage. Indulge in 30 minutes of pure relaxation with our rejuvenating back massage treatment powered by hot stones, it will leave you feeling recharged and energized for a busy day ahead.

Past Tense

A cunningly choreographed neck and shoulder reviver designed to sweep you off to the land of eased muscles and calm thoughts. We'll knuckle those knots and tease out those tensions with a combination of the most magical massage techniques from around the world.

add on treatments

AT VASSA SPA, WE BELIEVE IN PROVIDING
YOU WITH AN UNFORGETTABLE JOURNEY
OF RELAXATION AND REJUVENATION.

To make your visit even more special, we offer a range of
exquisite (ADD ON) services designed to enhance your overall well-being.
These additional treatments can be seamlessly integrated into your Spa
experience, allowing you to create a truly personalized escape from the everyday.

ADD ON TREATMENTS

All treatments 15 minutes

(ADD ON) Scalp Massage

Indulge in ultimate relaxation with our rejuvenating Spa experience by adding an exquisite scalp massage to your treatment. Let our skilled therapists soothe your senses and enhance your overall well-being with this delightful extra touch.

(ADD ON) Hand and Arm Massage

Elevate your Spa journey with a luxurious hand and arm massage add-on, designed to pamper and release tension. Experience a blissful fusion of relaxation and rejuvenation as our expert therapists work their magic, leaving you feeling utterly refreshed.

(ADD ON) Soothing Foot Massage

This soothing and restorative pressure point foot massage works wonders on heavy legs and feet. It focuses on stimulating organ function, encouraging drainage, enhancing flexibility and mobility, whilst also soothing the solar plexus to help calm.

(ADD ON) Back Massage

Indulge in ultimate relaxation with our rejuvenating Spa experience by adding an exquisite back massage to your treatment. Let our skilled therapists soothe your senses and enhance your overall well-being with this delightful extra touch. Immerse yourself in the soothing movements and expert touch as our therapists target tension and knots, leaving you feeling utterly refreshed and rejuvenated. Elevate your Spa experience with the perfect addition—our luxurious back massage.

(ADD ON) Hot Stone Massage

Elevate your Spa experience with our indulgent Hot Stone Massage, where the soothing warmth of heated stones melts away tension, leaving you in a state of blissful relaxation and deep muscle relief.

fitness

DISCOVER A WORLD OF WELLNESS
AND VITALITY WITH OUR
COMPREHENSIVE FITNESS SERVICES
DESIGNED TO HELP YOU ACHIEVE
YOUR HEALTH AND FITNESS GOALS.

Indulge in a world-class fitness center within the serene confines of Vassa Spa. Our state-of-the-art facility is designed to invigorate your body and spirit, offering a wide range of cutting-edge equipment and expert guidance. Whether you're an experienced fitness enthusiast or a novice looking to kickstart your wellness journey, our fitness center provides the perfect space for you to achieve your health and fitness goals during your stay.



FITNESS

Personal Training **60min**

Our personalized personal training program is your gateway to a healthier, more vibrant you. Tailored fitness plans, expert guidance, and unwavering support from our certified trainers ensure that your fitness goals become a reality. Experience accountability, variety, and visible results on your journey to a happier, healthier, and more confident you.

Aqua Aerobics **45min**

Dive into a serene aquatic oasis with our Aqua Aerobics sessions, where expert instructors guide you through a harmonious journey of movement, breath, and relaxation. Whether you're a seasoned participant or new to aquatic fitness, our classes provide a sanctuary for rejuvenation, fostering physical wellness and inner serenity. Immerse yourself in the gentle currents and let the soothing embrace of our Spa elevate your fitness routine to new depths of tranquility.

Group Fitness Classes **60min**

Our group fitness classes are more than just workouts; they're a dynamic and motivating way to achieve your fitness goals. Join a supportive community of like-minded individuals who are passionate about health and wellness. With expert instructors and a diverse range of classes, you'll find the perfect fit for your fitness journey.

Yoga **45min**

Experience the profound tranquility of yoga at our Spa, where expert instructors guide you through a harmonious journey of movement, breath, and relaxation. Whether you're a seasoned practitioner or new to yoga, our classes provide a sanctuary for rejuvenation, fostering physical wellness and inner serenity.

Sports Stretching **30min**

Elevate your performance with our Sports Stretching sessions. Tailored for athletes, these dynamic routines enhance flexibility, aid muscle recovery, and prevent injuries. Whether gearing up for a workout or winding down, experience increased mobility and improved well-being with our specialized program.



Please see the price list for a full range of fitness services and packages. Inquire at the Spa reception for availability.
*Fitness services are on request and subject to availability.

SPA ETIQUETTE

OUR PROMISE

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise, please visit the Spa reception desk to ensure we remedy your experience.

RESERVATION

For more information or to reserve treatments, please contact Vassa Spa. Walk-in appointments are subject to availability.

MINIMUM AGE REQUIREMENTS

Guests must be at least 18 years of age to utilize Spa facilities and 13 to participate in Spa treatments. Steam rooms and saunas are available to guests 16 years old and above accompanied by a parent or a guardian. Salon services and a kids pool are available to kids of all ages.

NURTURE YOUR EXPERIENCE

We recommend arriving 15 minutes before your appointment so you can focus your mind on relaxation. To maintain the serenity of the Spa, we kindly ask you to turn off/mute your mobile phone and electronic devices upon arrival.

ENSURING A WONDERFUL SPA EXPERIENCE

We welcome you to discuss your likes, dislikes, concerns or questions openly with your therapist before and during treatment.

VALUABLES

To ensure you do not forget any personal items of value, we suggest leaving them in the safety deposit box in your room.

PRODUCT RETURN POLICY

Refunds are offered for all unopened products when accompanied by a receipt and returned before the checkout. Unopened products without a receipt can be exchanged for Spa service.

CANCELLATION POLICY

Please inform us of any changes to your appointment at least 24 hours in advance. Cancellations within 24 hours will incur a 50% charge of the treatment cost.

BEING LATE

Out of respect to other guests, we trust that you understand that being late may reduce your treatment time.

CONSULTATION FORM POLICY

You will be asked to complete a consultation form upon your arrival to the Spa. Please report to the Spa any special medical condition such as: allergies, pregnancy, high blood pressure, or asthma. Some of our treatments are not recommended or suitable for people with special medical conditions.

Z TEEN SPA

While our Spa is dedicated to adults, we understand the importance of introducing wellness to the next generation. We offer curated treatments for teens aged 13-17, providing a glimpse into our rejuvenating experiences in a safe manner. These treatments are tailored to teens' unique needs and are conducted by our skilled female therapists. A parent or guardian's presence is required for their comfort. Salon services are available to kids of all ages.

SPA AT HOME

Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home.

KIDS SPA ZONE

Children cannot be left unattended at the pool or Spa area. There are no lifeguards around the pool, so it is necessary to pay special attention to the safety of children. For that reason, children are not allowed to stay in the pool without an adult's supervision. Children under the age of 16 are not allowed nor recommended to use the quiet Spa area (Saunas and Turkish Steam-room). Toddlers who are not potty trained are not permitted inside the pool.

SPA MORE. SAVE MORE.

Book in for three services with this symbol (🎁) and you will receive 10% off the most expensive service, 15% off a service of equal or lesser value, and 20% off the least expensive service from your selection. Treatments cannot be shared with others. All treatments must be booked and paid for in advance. This promotion is subject to availability. Terms and conditions apply. Inquire at the Spa reception.

QUIET HOURS/ ADULTS-ONLY TIME

Indulge in serene tranquility during our exclusive Quiet Time/Adults-only Time at the Spa, from 08:00h to 10:00h and from 20:00h to 22:00h daily. Please note that during these hours, only guests above the age of 16 can use Vassa Spa facilities and Spa services.



[BORHOTEL.COM](https://borhotel.com)



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