



THE RITZ - CARLTON SPA

HONG KONG

EXPERIENCE

HARBOUR VIEW SPA SUITE RETREAT

Spend quality time with your partner and luxuriate in our Harbour View Spa Suite Retreat high up in the clouds. Rejuvenate with an extended spa treatment, an hour use of our couple treatment suite and a three-course cuisine that calms your body and mind.

240 Minutes – HKD9650 Non-peak | HKD9980 Peak (For Two)

(Includes 180 Minutes selected Massage or ESPA Facial services and 60 Minutes private facilities usage including steam and Jacuzzi, Spa meal for two)

180 Minutes – HKD7550 Non-peak | HKD7980 Peak (For Two)

(Includes 120 Minutes selected Massage or ESPA Facial services and 60 Minutes private facilities usage including steam and Jacuzzi, Spa meal for two)

ME TIME

Your own 2 to 3 hours long body-and-soul gratification. Choose from our menu and share with us your objectives. We are thrilled to assist you in planning the spa.

Includes: Customized treatment from Massage & ESPA Facial services, a three-course spa meal, pool usage

180 Minutes – HKD4550 Non-peak | HKD4980 Peak

120 Minutes – HKD3480 Non-peak | HKD3880 Peak

UNWIND BODY AND MIND

Give your overworked body some extra love; take time to relax and unwind as we bring body and mind back to harmony. This truly nurturing and grounding treatment infuses powerful pearl antioxidants with deeply reviving and relaxing massage techniques which help to re-center and harmonize the mind tempting total balance in the body. Leaving you feeling refreshed and recharged both physically and mentally.

Includes: Stretching and deep massage, facial and scalp reflexology

120 Minutes – HKD3150 Non-peak | HKD3400 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

LAVA SHELL JET LAG SOLUTION

An indulgent full body treatment fighting jet lag. Using heated Lava shells as well as integrating warmed aromatic oils and therapeutic strokes, designed to soothe tired feet and revive a fatigued body leaving you feeling thoroughly relaxed and revitalized rejuvenated.

Includes: Lava shell, full body massage, personalized facial

120 Minutes – HKD3150 Non-peak | HKD3400 Peak

ULTIMATE BODY BOOSTER

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

Includes: Back exfoliation and massage, custom facial, scalp massage

120 Minutes – HKD3150 Non-peak | HKD3400 Peak

TROPICAL PARADISE

Tune in your inner peace to the essence of paradise with our Tropical Paradise Massage. Melt away tension with a combination of Thai-style stretching and Balinese long stroke and pressure point technique using a special warm Frangipani oil.

Includes: Stretching, long stroke and pressure point technique

120 Minutes – HKD3150 Non-peak | HKD3400 Peak

90 Minutes – HKD2250 Non-peak | HKD2450 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

MASSAGE

CRYOTHERAPY MASSAGE

Full-body cryotherapy is commonly used for athletes' physical rehabilitation. The treatment feathering ultra-low temperature cryotherapy, combines deep tissue massage and sports massage to relieve tension, improve vitality as well as sooth the mind and calm the body. It can also be used to treat tired and fatigued muscles-perfect for sports and gym enthusiasts.

90 Minutes – HKD2680 Non-peak | HKD2830 Peak

60 Minutes – HKD1980 Non-peak | HKD2080 Peak

THAI MASSAGE

By applying traditional deep stretching and rocking movements, this treatment erases tension and releases muscular aches, leaving you feeling completely restored and energized.

120 Minutes – HKD3100 Non-peak | HKD3400 Peak

90 Minutes – HKD2050 Non-peak | HKD2250 Peak

LAVA SHELL MASSAGE

An indulgent full body treatment uses heated Lava shells to first soothe tired feet, then lead to an entire body massage integrating warmed aromatic oils and therapeutic strokes that leave you feeling relaxed and revitalized.

90 Minutes – HKD2250 Non-peak | HKD2450 Peak

60 Minutes – HKD1750 Non-peak | HKD1850 Peak

HOT STONE MASSAGE

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to soothe tired, aching muscles and aid relaxation.

90 Minutes – HKD2200 Non-peak | HKD2400 Peak

60 Minutes – HKD1700 Non-peak | HKD1800 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

TRADITIONAL ORIENTAL MASSAGE

A traditional eastern massage, using traditional Chinese techniques and deep acupressure to release blocked energy and return the flow of energy to a balanced state

90 Minutes – HKD2100 Non-peak | HKD2300 Peak

60 Minutes – HKD1650 Non-peak | HKD1750 Peak

DEEP MUSCLE MASSAGE

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using strong movements and stretching techniques, the massage concentrates on specific areas of concern, and relieves common discomforts and sports-related tension.

90 Minutes – HKD2100 Non-peak | HKD2300 Peak

60 Minutes – HKD1650 Non-peak | HKD1750 Peak

RELAXATION MASSAGE

Unwind and de-stress with this bespoke aromatic treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away stress.

90 Minutes – HKD2050 Non-peak | HKD2250 Peak

60 Minutes – HKD1600 Non-peak | HKD1700 Peak

STRESS RELIEF MASSAGE

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

90 Minutes – HKD2050 Non-peak | HKD2250 Peak

60 Minutes – HKD1600 Non-peak | HKD1700 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

LYMPHATIC MASSAGE

Purify your body, boost circulation and help the appearance of cellulite in this deeply smoothing and contouring full body massage. Using a combination of feather light lymphatic drainage and fast-paced deep massage techniques to increase circulation and reduce water retention to leave the body contoured, toned and refined.

90 Minutes – HKD2050 Non-peak | HKD2250 Peak

60 Minutes – HKD1600 Non-peak | HKD1700 Peak

FOOT REFLEXOLOGY

Reflexology works on various points on the feet that correspond to the body's various systems. It uses finger pressure and massage techniques on the feet and legs that will concurrently promote health and well-being.

60 Minutes – HKD1600 Non-peak | HKD1700 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

BODY

DETOXIFYING WRAP

Eliminate toxins and smoothen the skin, increase circulation and freshen complexion, leaving you revitalized with a renewed sense of well-being.

Includes: Marine algae or mineral mud wrap, scalp massage, shower and aromatherapy oil application

60 Minutes – HKD1600 Non-peak | HKD1700 Peak

NOURISHED GLOW

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application.

Includes: Full body salt and oil exfoliation, oil application

60 Minutes – HKD1600 Non-peak | HKD1700 Peak

NATURALLY NURTURED MASSAGE

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

90 Minutes – HKD2050 Non-peak | HKD2250 Peak

LADIES WELLNESS THERAPY

Comprises a warming womb massage that improves blood circulation, eases menstrual discomfort and promotes feminine wellness; as well as a breast meridian massage which aids lymphatic drainage, removes toxins, while providing lifting and firming effects.

90 Minutes – HKD2280 Non-peak | HKD2450 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

FACIAL

THE ULTRA V FACIAL

This treatment targets the jowls and submental area by delivering ultra-focused heat energy. Using cutting edge NANO technology by stimulating existing collagen as well as the production of new collagen, this facial provides visible results in tightening and rejuvenating the skin. The treatment also helps brighten the skin tone through unclogging lymphatic ducts and draining toxins.

Includes: Radio frequency with 111SKIN products

60 Minutes – HKD3480 Non-peak | HKD3580 Peak

CRYO REJUVENATION FACIAL

The treatment uses purified air at -30 °C with the mini 111CRYO face and body machine providing outstanding revitalizing effects on the skin. This treatment, specifically developed with 111 SKIN Regenerative formulas, provides instant results including puffiness reduction, complexion rejuvenations, and energization. Perfect for jetsetters and skin exposed to pollution.

Includes: Cryotherapy with 111SKIN products

90 Minutes – HKD3180 Non-peak | HKD3480 Peak

60 Minutes – HKD2550 Non-peak | HKD2650 Peak

CELESTIAL BLACK DIAMOND NON-SURGICAL LIFT FACIAL

This treatment is our most opulent anti-ageing facial. It encourages a youthful, sculpted and visibly firmer appearance with the intensive collection from 111SKIN products. Through a series of active steps, including applying antioxidant-rich formulas, this multi-masking treatment reduces pigmentation for brighter skin and ensures anti-wrinkle ,firming visible results.

Includes: A unique facial peel and uses products enriched with Retinol, Fine Diamond Particles, and 111SKIN formula.

90 Minutes – HKD3480 Non-peak | HKD3780 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

THE ORIGINAL HARLEY STREET FACIAL

The treatment focuses on reinvigorating dehydrated skin. This high-performance facial with powerful antioxidants neutralizes free radical damage, repairs irritated skin, and reduces dehydration and sensitivity with a combination of restorative ingredients.

Includes: Double clinical cleanse, massage, double face mask. Performed with 111SKIN products

90 Minutes – HKD3380 Non-peak | HKD3680 Peak

DE- PUFFING ENERGY FACIAL

This treatment is designed to increase microcirculation in the skin to detoxify and reduce puffiness. Created to brighten the skin by increasing oxygen flow, this treatment is composed of facial massages that care for the skin three-dimensionally, using special Cryo Globes on finest of lines and contouring the face impeccably for a refreshed glow.

Includes: Cooling globes applied with 111SKIN products

90 Minutes – HKD3380 Non-peak | HKD3680 Peak

ROSE GOLD RADIANCE FACIAL

This treatment combines powerful properties of restoration with the most innovative formulas to lift, firm and sculpt. Using a three-level approach to facial massage, including the signature 111SKIN technique, using smoothing wand and rose quartz crystals massage, the treatment is designed to relax and soothe the mind while alleviating irritation and inflamed skin.

Includes: Using Wrinkle Minimising Wand and Rose Quartz stone Massage with 111SKIN products

90 Minutes – HKD3380 Non-peak | HKD3680 Peak

JADE RADIANCE & RENEWAL FACIAL

Restore skin's vitality and reveal a bright, smooth and youthful-looking complexion. Incorporating Jade rollers which help to maintain and promote the health of your skin. The must-have treatment for immediate results.

*Includes: Brush cleanse, radiance mask, Jade crystal massage, lifting mask, scalp massage
Performed with ESPA products*

90 Minutes – HKD2600 Non-peak | HKD2800 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

NATURAL KOBIDO LIFT

Taking inspiration from the traditional Japanese Kobido massage, this treatment firms up and protects your skin from environmental stressors using massaging techniques and the ESPA Tri-Active™ Resilience Pro-Biome collection of serums, moisturizers, balms and more.

90 Minutes – HKD2600 Non-peak | HKD2800 Peak

CUSTOM FACIAL

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

*Includes: Brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage
Performed with ESPA products*

75 Minutes – HKD1850 Non-peak | HKD1950 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

MEN

THE MEN'S FACIAL

Deeply cleanses, hydrates and smooths skin, leaving your complexion instantly energized.
Includes: Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

60 Minutes – HKD1650 Non-peak | HKD1750 Peak

THE MEN'S MASSAGE

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

90 Minutes – HKD2150 Non-peak | HKD2350 Peak

MEN'S MANICURE OR PEDICURE

Maintain amazing results and keep nails in good condition with this conditioning treatment.
Includes: Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff

Manicure

45 Minutes – HKD480 Non-peak | HKD600 Peak

Pedicure

60 Minutes – HKD610 Non-peak | HKD740 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

WELLNESS

MIND TREATMENT

AWAKENING BAMBOO MASSAGE

Channelling an uplifting, rhythmic blend of free-flowing bamboo massage, while alleviating deep tension from top to toe, this enlivening treatment leaves the body energized and the mind settled in a sanctuary of calm and positivity.

90 Minutes – HKD2450 Non-peak | HKD2650 Peak

BODY TREATMENT

WELLBEING & RESILIENCE MASSAGE

Moving your mind and body to a place of greater strength and resilience, this treatment releases muscular tension, revitalizes wellbeing, boosts energy levels and supports your immune system with a liberating blend of yogic stretching, sinus release, reflexology and deep back and scalp massage.

90 Minutes – HKD2450 Non-peak | HKD2650 Peak

SKIN TREATMENT

RENEW & REVITALIZE RITUAL

Supporting skin's resilience and radiance, this treatment reinvigorates vitality to dull, sluggish or stressed skin by pressing reset with a combination of body brushing, exfoliation, thymus tapping and lymphatic facial massage that enhances cellular renewal and boosts a feeling of refresh and transformation.

90 Minutes – HKD2450 Non-peak | HKD2650 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

OTHER

PRIVATE SPA SUITE

1 Hour private facilities

**With minimum 90 minutes SPA treatment booked*

60 Minutes – HKD1900 Non-peak | HKD2300 Peak

COUPLE ROOM UPGARDE

HKD600

FITNESS / POOL DAY PASS

HKD750

All treatments included foot ritual and treatment brief ·

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

BEAUTY

GEL POLISH REMOVAL

30 Minutes – HKD220 Non-peak | HKD320 Peak

POLISH REFRESH

30 Minutes – HKD220 Non-peak | HKD320 Peak

MANICURE

Essential maintenance for hands.

Includes: Soak, cut and file, cuticle work, application of hand cream, polish or buff

60 Minutes – HKD490 Non-peak | HKD620 Peak

PEDICURE

Maintain amazing results and keep nails in good condition with this conditioning treatment.

Includes: Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

75 Minutes – HKD680 Non-peak | HKD790 Peak

ULTIMATE MANICURE

This indulgent treatment provides long lasting results deeply nourishing products to repair, replenish and condition your nails.

Includes: Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

75 Minutes – HKD750 Non-peak | HKD860 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

ULTIMATE PEDICURE

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

Includes: Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

90 Minutes – HKD850 Non-peak | HKD980 Peak

GEL MANICURE OR PEDICURE

Be pampered and maintain healthy looking hands. Using a revolutionary power polish that is set under UV lighting to leave your nails strong and flexible with a superior shine. Providing instantly dry, incredibly durable, chip free nails that will last up to two weeks.

Includes: Soak, cut and file, exfoliation, cuticle work, massage, gel nail application

Manicure

60 Minutes – HKD980 Non-peak | HKD1080 Peak

Pedicure

75 Minutes – HKD1080 Non-peak | HKD1250 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

WAXING

LIP WAXING

HKD270 Non-peak | HKD320 Peak

EYEBROW WAXING

HKD270 Non-peak | HKD320 Peak

UNDERARM WAXING

HKD370 Non-peak | HKD420 Peak

BIKINI WAXING

HKD420 Non-peak | HKD490 Peak

BRAZILIAN WAXING

HKD590 Non-peak | HKD690 Peak

FULL ARM WAXING

HKD600 Non-peak | HKD700 Peak

HALF LEG WAXING

HKD530 Non-peak | HKD630 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

FULL LEG WAXING

HKD880 Non-peak | HKD990 Peak

BACK WAXING

HKD640 Non-peak | HKD740 Peak

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

ENHANCEMENTS

HOT STONE MELTER

Boost any massage with smooth basalt, stones that radiate heat keep inside the muscles to relieve tension and stress.

HKD350

HAND/ FOOT/ BACK REVIVER

Reveal brighter skin with this exfoliating and nourishing treatment that will leave hands/ feet/ back smooth, soft and bright. Can enhance any massage or facial treatment.

HKD350

CONDITIONING HAIR & SCALP TREATMENT

Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

HKD350

SMOOTH & FIRM BODY TREATMENT

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

HKD350

BRIGHT EYE MASK

Using brightening and line smoothing active ingredients, this enhancement provides immediately visible results to eye area. Reducing the appearance of dark circles, fine lines and wrinkles to reveal deeply hydrated, smoothed and bright skin.

HKD250

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*



THE RITZ - CARLTON SPA

HONG KONG

COLLAGEN FACIAL MASK / NECK AND DECOLLETAGE MASK

A facial mask enhancement using a natural collagen hydrogel mask which gives extra hydration and plumps the skin. Can enhance any massage or facial treatment.

HKD500

All treatments included foot ritual and treatment brief.

All prices are in HK\$ and subject to 10% service charge

**Non-peak days are Mondays to Thursdays *Peak days are Fridays to Sundays and Public Holidays*

*The Ritz-Carlton, Hong Kong
International Commerce Centre, 1 Austin Road West, West Kowloon
+852 2263 2040*