

SINK INTO INDULGENT BLISS. ENJOY A PAMPERING EXPERIENCE IN DESIGNER AMBIENCE. REVEL IN LUXURIOUS SOLITUDE.

Enjoy soothing spa treatments so INDULGENT you won't want them to end.

Escape into an extraordinary setting and spoil yourself with a REJUVENATING treatment at Coqoon Spa.

Delight in a deep-tissue massage as the balmy breeze caresses your skin and birds serenade you from above.

Nothing compares to the SENSUOUS serenity of being pampered in an enchanted garden.

SPA JOURNEY

(Available in The Nest Room subject to availability)

Nest Rebirth

120 mins Single THB 6,000 / Couple THB 11,000

The Nest, the piece de resistance of Coqoon Spa. A luxurious spa suite suspended mid-air, accessible only by a flying bridge. Suspended in the purity of nature, blissfully hidden away

Reborn as a butterfly. A gentle revitalising scrub followed by holistic Signature Treatment – Coqoon Rebirth Massage. Emerging in a new light.

Foot Ritual

Coqoon Spa Body Scrub 30 mins

• Coqoon Rebirth Massage 90 mins

Awakening Package

120 mins THB 6,500

This complete body ritual starts with 15 minutes of Pranayama and an oxygen boost, focusing attention on the breath to calm the mind and re-energise the body. Next, a 30-minute Tibetan-style back massage combines a unique blend of massage oils with gentle cupping and kneading to stimulate the flow of energy along the spine and strengthen the nervous system. Finally, the 75-minute Age Restore Therapy leaves skin rejuvenated, energized and relaxed.

Foot Ritual

• Pranayama breast

Tibetan Back Massage

Age Restore Facial

Mr. & Mrs.

150 mins THB 12,000 per couple

Kindle romance, a perfect celebration for your honeymoon or anniversary. Experience a 60-minute massage together. Glow from both inside and out with the Coqoon Spa Facial. To establish a connection with the one we love most, our heart chakra must be free from all contaminants. Otherwise, it withers away into nothingness. If our heart chakra is blocked, we even lose the ability to love ourselves.

Foot Ritual

Coqoon Spa Massage 60 mins

Coqoon Spa Facial 60 mins

• Heart Chakra Balancing 30 mins

Thai Life

180 mins THB 6,500

Delve into the magic of Thailand's healing rituals. Begin with an aromatic herbal bath to ease you into your journey of relaxation. Using local products concocted specifically for Coqoon Spa, choose from a selection of body wraps or allow our expert therapists to assist you in your choice. Relax with a platter of exotic Thai fruits before concluding your experience with an all-encompassing Traditional Thai Massage.

Foot Ritual

- Thai Herbal Steam 30 mins
- Cogoon Spa Body Scrub 30 mins
- Coqoon Spa Body Wrap 30 mins
- Thai Integrative Massage 90 mins

Sculpt Zone Treatment Packages

60 mins Sculpt Zone Treatment for 3 treatments THB 8,400 60 mins Sculpt Zone Treatment for 5 treatments THB 13,500

The SCULPT ZONE by PHYTOMER is an intensive body treatment working on the abdomen, buttocks and thighs to eliminate excess fat and cellulite. For radical slimming visible results are fluid retention, trimmer curves, reduced cellulite and uneven skin tone. It is a delicate and efficient body care preserving the look of youth that you have been looking for.

SIGNATURE TREATMENT

Coqoon Rebirth Massage

90 mins THB 3,200

A completely personalized experience. Allow our highly-skilled therapists to tailor a massage that fits your unique needs, wants and body composition. Utter satisfaction.

Himalayan Salt Stone

90 mins THB 3,500

The therapeutic effects of Himalayan salt crystals soothe away stress by promoting deep relaxation while detoxifying the body and hydrating the skin. Himalayan Salt stones are heated to provide a unique therapeutic massage that offers healing benefits during your massage. Himalayan salt contains more than 80 trace minerals that are absorbed by your body to relax your muscles and hydrate your skin. The heat of the stones relaxes your body into a deep state of bliss, allowing your Massage therapist to loosen your muscle tissues more effectively.

MASSAGE THERAPIES

Relaxing Massage

60 mins THB 2,900 / 90 mins THB 3,200

A gentle massage combining ancient and contemporary techniques and traditions. Soft palms and flowing fingertips gently tease tired muscles, releasing emotional and physical tension and creating a sense of well-being.

Lymphatic Drainage Massage

60 mins THB 3,000 / 90 mins THB 3,300

The body's detox system can often become sluggish and congested, which in turn leading to fluid retention and toxin accumulation. This gentle massage stimulates the lymphatic system and assists the body in the removal of toxins and fluid.

Pregnancy Massage

60 mins THB 3,000 / 90 mins THB 3,300

Specially trained therapists perform specific techniques that are proven to be safe and soothing for expectant mothers. Aches and pains that are common throughout pregnancy are the focus of a gentle and healing touch.

Sculpt Zone Treatment

60 mins THB 3,000 / 90 mins THB 3,600

The SCULPT ZONE by PHYTOMER is an intensive body treatment working on the abdomen, buttocks and thighs to eliminate excess fat and cellulite. For radical slimming visible results are fluid retention, trimmer curves, reduce cellulite and uneven skin tone. It is a delicate and efficient body care preserving the look of youth that you have been looking for. A course of treatment is recommended.

Invigorating Massage

60 mins THB 2,900 / 90 mins THB 3,200 / 120 mins THB 3,900

This powerful massage works deep through the muscular layers, targeting pressure points located throughout the body to allow the free flow of energy to return the body's equilibrium to its natural state. Inspired by the ancient healing arts of Thailand and Indonesia.

HOLISTIC TREATMENT

Traditional Thai Massage

90 mins THB 2,800 / 120 mins THB 3,200

The ancient healing art of Thai Massage. Pressure is applied to the body's energy meridians, releasing built-up tension, improving blood circulation, and freeing the body of toxins that gather in tired or overworked muscles.

Thai Herbal Compress Massage (Luk Pra Kob)

90 mins THB 3,500 / 120 mins THB 3,900

Combining the best of two traditions to bring you a feeling of deep peace. Begin with a traditional Thai massage followed by kneading with a herbal compress that stimulates the body's natural chi.

Thai Folk Massage

60 mins THB 2,200 / 90 mins THB 2,800 / 120 mins THB 3,200

A graceful tradition passed down through the ages. Let our therapist guide you through a sequence of passive stretching and manipulation of chi points to leave you feeling refreshed and awake.

Coqoon Indian Head Massage

60 mins THB 2.900

Relieve the stress, tension and aching that accumulates in the head, neck, shoulders, and joints. Skilled hands massage the pressure away, while a sensory warm sesame oil hair and scalp massage soothes.

Garshana CBD Massage

90 mins THB 3,500

Begin with dry brushing from head to toe before any of our massages. Dry brushing is an ancient practice with incredible health benefits, that when coupled with massage, CBD (cannabidiol) hemp oil will leave your skin feeling a deeply relaxing and pain-relieving massage that will open up your skin's sensory profile to relax the muscles and heal tension, pain, injuries, and chronic ailments while hydrating and rejuvenating the skin. Each treatment will receive 150mg of CBD which will provide therapeutic anti-inflammatory benefits. Relax, and feel the power of nature's remedy while unwinding with a massage

Sole Relief

60 mins THB 2,500

Focused on the feet and lower legs – two areas that are often overlooked. Deep and firm rhythmical pressure is applied, followed by a soothing application of moisturizer

All prices are subject to 10% service charge and 7% government taxes

BODY TREATMENT

Deep Sea Scrub

60 mins THB 2,300

An exotic blend of salts of ocean salts, Ylang Ylang, geranium, jasmine essential oils and cinnamon powder. Gentle exfoliation removes dull skin cells, leaving your skin smooth, soft and glowing. High levels of antioxidants also assist in nurturing the skin and slowing down the ageing process. Completed by a cooling application of yoghurt and cucumber.

Micro-Collagen Scrub

60 mins THB 2,300

An exotic scrub combining the use of vitamin E beads and micro-collagen to promote skin renewal and stimulate collagen production – resulting in smooth and silky skin.

Detoxifying Scrub

60 mins THB 2,300

Bamboo charcoal powder – the ultimate detox. An antioxidant-enriched rice bran oil is applied to the skin to enhance and complement the charcoal, leaving you rejuvenated and healthy.

Champaka Flower Scrub

60 mins THB 2,300

This popular scrub combines the healing properties of Solanum lycopersicum and Chamomilla recutita to assist the body in its fight against free radicals. High levels of antioxidants provide protection against everyday skin damage

BODY TREATMENT

Sun Soothing

60 mins THB 2,300

Soothing aloe Vera is renowned for its excellent calming properties for overexposed, dehydrated or irritated skin. An aromatic blend of lavender and chamomile is used for soothing the skin, allowing it to retain its softness and natural sheen.

Micro-Collagen Wrap

60 mins THB 2,300

Promote collagen growth and more youthful skin. Vitamin E beads gently exfoliate dead skin cells, in turn stimulating skin renewal.

Detox Wrap

60 mins THB 2,300

Deeply detoxifying, absorbing the body's impurities and tightening skin. Complement with a Lymphatic Drainage Massage for even better results.

Champaka Flower Wrap

60 mins THB 2,300

A combination of Chamomilla recutita extracts for softening and moisturizing, Kaolin for absorbing impurities and minimizing pores, and Solanum lycopersicum for its fight against free radicals. is well-pampered.

SIGNATURE FACIAL TREATMENT BY ANNE SÉMONIN

Anne Sémonin Deep Marine

75 mins THB 3.400

Ideal for combination, oily or problematic skin, this deep cleansing purifying treatment combines traditional steam and extraction techniques with a rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel-off mask and aromatic intensive complexes are used to soothe, calm and rebalance the skin.

Anne Sémonin Skin Renewal

75 mins THB 3,400

Ideal for all skin types especially those with pigmentation, acne scars, open pores and wrinkles. The transformative treatment which re-invents the surface of your skin to be toned. The complexion is even and bright, renewed and visibly younger-looking skin.

Anne Sémonin Cryotherapy Age-Defying

60 mins THB 2,900

A contouring and firming facial designed to combat the visible signs of ageing. Neurocosmetic ingredients are combined with 100% active serums and advanced cryotherapy ice cubes to regain the skin's natural youthful glow. Instantly tightening and firming – glow, be radiant.

Anne Sémonin Soothing Remedy

60 mins THB 2,900

A gentle therapy to soothe and calm hypersensitive, irritated or sun-damaged skin prone to redness and irritation. Saturated gauzes combined with soothing aromatic intensive complexes calm and restore the skin's equilibrium, bringing rapid relief. Satisfyingly nourishing.

Anne Sémonin Hydra Express

45 mins THB 2,500

A powerful express skin replenishment treatment – ideal for maximum results. Immediately refreshes and hydrates the skin, leaving it soft, supple and revitalised.

Anne Sémonin Miracle Eyes

30 mins THB 1,900

Designed to enhance, lift and firm the eye area. State-of-the-art 'Express Radiance' ice cubes with their cryotherapy benefits are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.

All prices are subject to 10% service charge and 7% government taxes

ENHANCER

Sesame Hair & Scalp Treatment

30 mins THB 1,300

Warm sesame oil, fingers kneading pressure points along your scalp and neck. The perfect addition to any of our treatments.

Ear Candling

30 mins THB 1,300

An age-old, non-intrusive technique originating from the Native Americans to improve their hearing and eyesight before battle. This highly beneficial treatment will help you relieve a variety of ailments, including headaches, tension, tinnitus and blocked ears while also stimulating your lymphatic system.

Back Detox

30 mins THB 1,300

Often subject to tensions, stress and pains, the very important part of our body is back. With a deep cleansing and the detoxifying bio-technology marine, the PHYTOMER Self Heating Mud with itself stress-free benefits eliminating fatigue and cortisone. It is a deep relaxation, leaving your body with purified skin, and your back is well-pampered.

FAMILY WELLNESS

Parent & Child

60 mins couple THB 4,800

Enjoy pampering as a family in the same treatment room: for mum, a stress release massage; for dad, a deep Invigorating massage; for your daughter, 30 minutes of mini massage and 30 minutes of pretty nail polish; or for your son, a warm coconut oil scalp massage followed by a foot massage.

BEAUTY & SALON TREATMENT

Nail

Feel beautifully pampered with the ultimate in manicure and pedicure luxury. Enjoy treatments that offer a ritual of cleansing, an exfoliating scrub, a nourishing mask, cuticle care, massage, and perfect paint finish.

 Perfectly Manicure 	60 - 75 mins	THB 1,800 / THB Gel 2,000
 Flawless Pedicure 	75 - 90 mins	THB 2,000 / THB Gel 2,300
 Manicure & Pedicure 	120 mins	THB 3,000 / THB Gel 3,300
 Express Pedicure or Manicure 	45 mins	THB 1,300
 Gel Polish removal 		THB 700

Waxing

Experience easy treatments that are virtually pain free with superb results. A premium waxing system from Australia

20 mins	THB 500
30 mins	THB 1,000
45 mins	THB 1,500
60 mins	THB 2,100
30 mins	THB 1500
	30 mins 45 mins 60 mins

• ADD-ON WAXING

Hair

 Ladies Haircut 	60 mins	THB 1,800
 Men Haircut 	60 mins	THB 1,500
 Hair Blow Dry 	60 mins	THB 1,200

WELLNESS RETREAT

Wellness concept. Discover a uniquely flexible approach to feeling good on holiday, with one-day or multi-day journeys of healthy cuisine, gentle movement and rejuvenating spa therapies, matched by the freedom to explore and indulge in between.

Kindly contact us to learn more about our programmers.

IV DRIP KRU PROGRAM

Restorative and rejuvenating, our science backed IV drips are administered by a trained nurse to deliver a cocktail of amino acids, antioxidants, vitamins and minerals directly into your system to address a host of concerns or simply improve your overall well-being.

From boosting immunity and curing jet lag to restoring energy, relaxing you or helping you lose weight, these carefully calibrated infusions are highly beneficial as a one-off treatment or when integrated into your monthly wellness routine.

SPA ETIQUETTE

Reservations – it is recommended that bookings are made at least one day booking in advance to secure your preferred date and time of treatment. A credit card number is required at the time of booking for outside guests.

Check-in – Please arrive at least 15 minutes prior to your scheduled treatment to complete the health consultation form and enjoy our welcome procedures. A late arrival will result in a shortened treatment time. We will provide slippers, bathrobes and all amenities required for use during your visit.

Cancellation Policy – The treatments you select are reserved especially for you. If you wish to cancel your spa appointment, at least 4 hours notice is required. The full treatment fee will be imposed for a 'no-show' or any cancellation with less than 4 hours notice. Please give at least 24 hours notice for any re-scheduling, subject to availability.

General consideration

- Out of consideration to other spa guests, we request that all noise is kept to a minimum.
- Children are not allowed at the spa unless they are having treatment or are accompanied by an adult.
- Smoking and the consumption of alcohol within the spa are prohibited.
- Mobile phones and electronic devices are discouraged.
- Please inform the spa receptionists of any health conditions and medical complications so that we can recommend a suitable treatment for you.

Valuables – We recommend that no jewellery should be worn to the spa. The management and staff accept no responsibility for the loss of valuables brought into the spa premises.

Payment – Unless otherwise advised, all treatments will be charged to your room account and to be settled at the time of check out. We also accept cash and most major credit cards. All prices are quoted in Thai Baht exclusive of 10% service charge and 7% applicable tax. Prices are subject to change without prior notice.

In Room / In Villa Treatment – (10:00–18:00) Advance reservation is essential, available upon request and only for rooms equipped with a massage bed.

Please touch 6 or e-mail to **spa@theslatephuket.com** for more information or reservations **www.theslatephuket.com**