



**LAN
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LANSERHOF
DERMA THERAPY 2025

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HEALTHY SKIN – NEW ENERGY

As the largest organ of the human body, the skin plays an essential role in the detoxification process. Our medically oriented Derma treatments therefore form a key component of the Lanserhof Concept, aiming to help revitalise the skin and promote health at the highest level of medical care.

At our Lanserhof resorts, we use advanced technologies and methods to optimise the vital functions of the skin and the body. In close partnership with international cosmetic laboratories and medical professionals, we have developed a comprehensive range of Derma treatments that meet the highest medical standards.

In addition to a wide range of non-invasive, cosmetic treatments, we also offer a variety of medical services that have been developed in close collaboration with our Lanserhof doctors and selected dermatologists. Each treatment is individually tailored and continuously further developed by our Derma experts to suit the specific needs of your skin. We also take into account the duration of your stay at Lanserhof so we can ensure you leave with the best HEALTHY SKIN and brimming with NEW ENERGY. Our pursuit of innovation is what drives us to continually drive our treatments forward so we can offer you a holistic and innovative experience.



LANSERHOF LAB

The "Lanserhof Glow" after a stay with us inspired our new facial care line, which combines medical expertise with traditional natural healing. With highly effective detox and anti-aging ingredients suitable for all skin types, the Lanserhof Skincare routine offers an effective and radiantly healthy skincare experience that perfectly complements the Lanserhof Concept of our programmes.

LANSERHOF LAB SIGNATURE FACIAL

Our Lanserhof Signature treatment is a deep-acting treatment combining highly active ingredients from the vegan Lanserhof Lab Skincare range. The combination of acupuncture massage, bio-cellulose masks and final care massage gives your skin the ultimate natural Lanserhof glow.

- ✓ Intensively nourishes the skin
- ✓ Relaxes the skin and boosts the lymphatic system
- ✓ Activates the skin's own resilience and cell generation

75 min.

AUGUSTINUS BADER

AUGUSTINUS BADER stands for revolutionary approaches and highly effective products. Renowned for the patented TFC8® technology, which supports skin regeneration and the development of the skin's own repair mechanisms, leaving the skin radiant and revitalised.

AUGUSTINUS BADER REPAIR FACIAL

Treatment combination from the innovative TFC8® complex, consisting of amino acids and vitamins to stimulate the skin's own repair mechanisms, combined with our specially developed face-lifting massage.

- ✓ Boosts the skin's natural potential for regeneration
- ✓ Improves skin tone and counteracts lines and fine wrinkles
- ✓ Nourishes and protects the skin

60 min.

MBR

MBR continuously researches even more effective active ingredient systems for advanced skincare at the boundary of medicine. The treatments, customised to meet various skin needs, follow the concept of "OPEN - NOURISH - CLOSE" and lead to deep nourishment, regeneration, and rejuvenation of the skin.

MBR PURE PERFECTION 100 LIQUID SURGERY FACIAL

Revitalising oxygen treatment where 100% pure active ingredients improve the skin's intake of oxygen and stimulate deep-acting cell renewal and regeneration. Effective on demanding, tired and sagging skin.

- ✓ Natural lifting without a scalpel
- ✓ Smooths and revitalises the skin for a fresher, firmer look
- ✓ Intensively nourishes and moisturises, revitalising every layer of the skin

75 min.

CALM & COOL DETOX FACIAL

70 min.

DETOX FACIAL

A detoxifying treatment that combines detox drainage for pore-refining purity and greater skin balance. Especially effective in quickly calming allergic reactions and inflammation.

- ✓ Soothes and has anti-inflammatory effects
- ✓ Clears and detoxifies both body and mind
- ✓ Promotes a clear complexion

75 min.

PHARMOS NATUR

PHARMOS Natur offers a specially developed anti-aging skincare ritual with 100% pure active ingredients based on fresh aloe, providing NATUR PUR for the skin. This supports an even complexion, radiant eyes, and a firmer body.

PHARMOS NATUR GREEN LUXURY

A severe facial burn led the company founder Margot Esser to healing and rejuvenating plants. A special aloe vera completely regenerated her skin – without scarring. "Sacred Plants" contain hundreds of ingredients, embedded in biophotons, which promote cell regeneration. The Biophotonactive® Complex in Pharmos Natur products activates these ingredients and brings the skin's microbiome into balance. You will experience intense regeneration, repair, and rejuvenation. With Green Luxury, Pharmos Natur offers a ritual treatment that harnesses the extraordinary power of plants in 100% pure active ingredients.

75 min.

LOVE YOUR LUXURY

A skin boost for renewed freshness and vitality, deep regeneration, revitalising atrophic skin and making the complexion glow again. Additionally, the eyes are refreshed. Intense cellular light regeneration and natural rejuvenation through the BiophotonactiveE Complex.

The result: The skin is firmed, and fine lines are plumped. The complexion radiates once more.

45 min.



TDA BIO BTX

50 min.

TDA CARE 2GO

Classic TDA treatment comprises selected active ingredients for individual skin types that are atomised with oxygen and applied.

- ✓ Deep-acting through high oxygen partial pressure
- ✓ Visibly reduces mimic lines
- ✓ Provides optimum care for the individual needs of the skin

50 min.

TDA SPECIAL

Can be booked as a supplement for special skin areas

15 min.

TDA BEAUTIFUL HANDS AND NAILS

This treatment reduces hyperpigmentation and age spots. It regenerates, smooths, and firms the skin sustainably. An intensive nurturing care for beautiful, healthy, and smooth nails.

30 min.

TDA BEAUTIFUL HAIR

20 min.

JETPEEL™ FACIAL

Multi-stage JETPEEL™ facial treatment, combines deep cleansing, exfoliation, lymphatic drainage, massage and pH management with oxygen and hydroporation.

- ✓ Improvement of the skin's texture
- ✓ Stimulates blood circulation and skin activity
- ✓ Immediate smooth, fresh complexion and natural glow

JETPEEL™ Deluxe incl. massage	90 min.
JETPEEL™ Intensive	60 min.

JETPEEL™ can be used on the face, neck, décolleté and hands in all seasons and at any time.

STK MULTILINE TREATMENT

A highly effective, non-invasive lifting method for the face, neck and upper arms through targeted, almost pain-free heat impulses, combined with high-frequency ultrasound.

- ✓ Stimulation of the body's own collagen synthesis
- ✓ Tightens the skin for up to a year
- ✓ Immediately younger and fresher appearance

Neck	Cheeks
Forehead	Upper lip
Below and to the side of the eyes	Décolleté

MICRODERMABRASION & ULTRASOUND TREATMENT

Combination of two technologically advanced patents, classic micro-dermabrasion as an intensive mechanical peeling with state-of-the-art ultrasound technology for deep-acting effect and stimulation of the lymphatic flow.

- ✓ Improves and polishes the skin's texture
- ✓ Activates cell turnover
- ✓ Gives the skin elasticity

60 min.

CONTOUR LIFT

An active anti-aging programme against the signs of skin aging – reduced tissue firmness, loss of contour, and the formation of lines and wrinkles. The Contour-Lift provides noticeably firmer contours, increased tissue firmness, and a visibly reduced wrinkle depth. A result that lasts and impresses.

60 Min.



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MBR MEN OLEOSOME

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60 min.

PHARMOS NATUR NATURE OF MEN TREATMENT

Enjoy sustainable deep relaxation with visible results. Through an effective massage of the face, head, and neck, you simultaneously recharge your energy. The sacred aloe vera fresh plant leaf replenishes your skin's moisture reserves, calming irritations..

- ✓ For clear and pure skin
- ✓ Reactions and inflammations subside quickly
- ✓ Visibly decongests the skin

60 min.

“SIGNATURE” LANSERHOF ESSENTIAL SALT THERAPY

The Lanserhof Signature treatment combines specially developed massage techniques with the salts from the Dead Sea, helping to prevent tension, keratinisation, and allergic reactions.

- ✓ Supports metabolism, drainage, and body regeneration
- ✓ Provides a feeling of deep relaxation
- ✓ Activates and strengthens fluid exchange between the tissues

50 min.

DETOX BODY SCRUB

A gentle exfoliation with purely natural substances, enriched with selected essences for detoxifying the body. Especially suitable for sensitive skin as an alternative to salt therapy.

50 min.

REVITALISING BODY WRAP

The treatment includes a customised body mask that strengthens the skin’s regeneration capacity and self-protection function. The use of essential oils enhances the skin’s resilience and resistance.

- ✓ Moisturising, revitalising, and remineralising
- ✓ Strengthens the skin’s regeneration capacity and self-protection function
- ✓ Increases the resilience and resistance of the epidermis

50 min.

ALKALINE, SEAWEED, DETOX OR FIRMING WRAPS

The treatment method includes intensive aromatherapy wraps based on essential oils, which are particularly effective for sensitive and reddened skin.

- ✓ Has a detoxifying, draining, and fat-reducing effect
- ✓ Increases the skin’s elasticity
- ✓ Supports the acid-base balance in the body

Wraps on the arms	25 min.
Wraps on arms, legs, and abdomen	35 min.
Wrap on the abdomen	30 min.
Alkaline wrap (decongesting)	25 min.

EMSCULPT®

Innovative treatment methods are based on electromagnetic impulses, which are delivered into the target muscle, which at the same time actively supports muscle development and promotes fat loss.

- ✓ Improves the contour of the body
- ✓ Increases muscle density and volume
- ✓ Activates fat burning

Abdomen	30 min.
Buttocks	30 min.
Thighs	30 min.
Upper arms	40 min.

SHYLD BODY CONTOURING™ (RADIO FREQUENCY TREATMENT)

A combination of shock waves, hyperthermia and lymphatic drainage developed by doctors and scientists

- ✓ Counteracts cellulite and stretch marks
- ✓ Reduces the body circumference
- ✓ Firms up lax skin tissue

50 min.

INDIVIDUAL SERVICES

Pedicure	Algae mask
Pedicure with Nail Polish	Collagen Fleece
Pedicure with Shellack	Oceanic Fleece
Shellack Removal Feet	Eye Mask
Manicure	Facial Lymphatic Drainage
Nail polish (extra)	Facial Massage

TINTING

- Eyebrows
- Eyelashes

Please note that these services can only be booked as an add-on together with another application, unless they are marked with an *.



BOTOX

One way to effectively and safely address bothersome wrinkles, such as the “frown lines” is with a treatment using botulinum toxin, commonly known as Botox. It is injected into the muscles involved in wrinkle formation, temporarily relaxing them. This smooths existing wrinkles, making the face appear younger and fresher – all while maintaining the natural facial expression.

Price per area

FILLER TREATMENTS

A gentle method for smoothing bothersome wrinkles is through the use of fillers. A volume-restoring substance is injected beneath the wrinkle with a very fine needle, plumping it from underneath. These are temporary fillers, which are naturally broken down by the body over time. The safest and most commonly used substances for this treatment are body-identical hyaluronic acid and volume fillers based on calcium hydroxyapatite.

MESOTHERAPY

Mesotherapy treatments can help correct skin damage such as scars, pigmentation disorders, and wrinkles. During the procedure, the skin is either micro-needled with a dermapen or tiny injection needles. This controlled skin irritation stimulates blood circulation and boosts collagen production, triggering skin renewal. The process is further enhanced by introducing various serums tailored to the skin’s specific needs.

THREAD LIFTING

Thread lifting has proven to be a particularly gentle method. In this minimally invasive treatment, self-dissolving threads are inserted into the skin, resulting in both the firming of sagging areas and the stimulation of the body's natural collagen production. The result is a more youthful and refreshed appearance.

Price per area

SKINBOOSTER

Compared to hyaluronic acid fillers, which are targeted and injected into specific areas to reduce wrinkles, hyaluronic acid skin boosters aim for broader hydration of larger skin areas, such as the face, neck, décolletage, or hands. The hyaluronic acid micro-deposits injected into the deeper layers of the skin with fine needles provide long-lasting revitalisation – the result is immediately visible: your skin is firmer, smoother, and more youthful-looking.

Price per area

PROFHILO®

PROFHILO® stands for an innovative and gentle bio-remodelling of the skin. This anti-aging method stimulates the body's natural hyaluronic acid production and is both quick and effective: PROFHILO® is almost imperceptibly injected into specific points in the face (Bio Aesthetic Points) using very fine needles, where it then naturally spreads throughout the tissue. The firming effect of the unique combination of active ingredients takes effect immediately: dry or tired skin appears fresh again, and wrinkles are noticeably reduced.

FRAXELLASER

Much gentler than surgery, age-related signs such as wrinkles or lines on the face and décolletage can be reduced with laser therapy. The gentle treatment with high-energy light waves causes parts of the top layer of skin to be removed. This stimulates the body to regenerate skin cells and produce collagen. After the laser treatment, the skin appears more even, firmer, and more radiant.

LASER TREATMENT FOR BENIGN SKIN CHANGES

Benign skin changes or warts can negatively affect our appearance and, consequently, our self-esteem. However, they can be specifically removed using laser therapy. High-energy light waves are used to eliminate the skin change.

COUPEROSE TREATMENT

Typical symptoms of the skin condition rosacea are initially temporary, later persistent red patches on the cheeks and nose, enlarged blood vessels, and, in the later stages, (pus-filled) pimples. With the help of special lasers, significant, generally long-lasting improvements in the noticeable skin appearance can be achieved for rosacea and other vascular changes.

PRP VAMPIRE LIFT

As the name "Vampire Lift" suggests, this innovative anti-aging therapy stimulates the skin's regeneration using platelet-rich plasma (PRP) derived from the patient's own blood. The plasma is extracted and concentrated from the blood drawn from the arm vein. The skin is prepped for treatment through micro-needling, using either a roller with ultra-fine needles, a dermapen, or the smallest injection needles. Afterward, the PRP is applied to the skin. This method stimulates collagen production, resulting in fresher-looking, smoother, and more refined skin.



EMSCULPT®

EMSCULPT® is the only non-invasive method for building muscle whilst also burning fat. Using HIFEM® technology, electromagnetic pulses are generated, triggering up to 20,000 artificial muscle contractions per sitting, which strengthen and increase the muscle fibres and release fatty acids to reduce fat.

JETPEEL™

An advanced and non-invasive skin treatment that aims to cleanse, peel, hydrate and regenerate the skin. Using a high-speed jet stream, special solutions are applied to the skin whilst dead skin cells and impurities are removed.

MICRODERMABRASION & ULTRASOUND

Microdermabrasion in combination with ultrasound is an advanced cosmetic treatment method to rejuvenate and improve the skin. This technology combines two different methods to effectively improve the structure and condition of the skin.

SHYLD

Unique clinically tested concept developed by doctors and scientists to counteract and prevent cellulite and stretch marks. The therapy method combines shock waves, hyperthermia and lymphatic drainage.

STK

Effective, non-invasive lifting method and pain-free alternative to surgery without the downtime. Targeted pulses of heat stimulate the body's own synthesis of collagen, resulting in a tightening of the tissue. High-frequency ultrasound causes irritation in different layers of the skin, which immediately tightens the skin and further strengthens the connective tissue.

TDA

TDA stands for "transdermal application", the world's first pain-free and non-invasive therapy system. TDA treatments enable the upper layers of the skin to gently open for the transdermal delivery of selected cell-generating active ingredients, e.g. anti-aging active ingredients using highly concentrated oxygen down to the deepest layers of the skin.



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