



The Waldorf Astoria Spa offers a refined wellness experience defined by precision, personalization, and exceptional care. Each treatment is thoughtfully delivered by expert hosts, ensuring a seamless and deeply restorative journey.

Rooted in traditional Nordic wellness practices and enriched with French beauty techniques, the spa invites guests to relax, renew, and rebalance. Facilities include a Finnish sauna, steam room, cold plunge pool, hot tub, multiple relaxation areas, and four treatment rooms offering facials, massages, body treatments, and more.

The serene spa facilities may be enjoyed with or without a booked treatment, providing a tranquil retreat dedicated to wellbeing and balance.

OUR SPA SIGNATURE TREATMENT

Merging artistry and wellness, this rejuvenating massage is unique to Waldorf Astoria Spa and customized for each guest. While our signature touchpoints are recognizable the world over, each location offers a distinct interpretation, yielding a one-of-a-kind experience that leaves you renewed and revitalized.

VITALITY

Indulge in the Signature Massage at the Waldorf Astoria Spa, a ritual designed to awaken the body's natural healing abilities. A gentle thermal ritual prepares the muscles for deep relaxation, while luxurious essential oils and expert techniques support circulation, stimulate metabolism, and ease tension. The experience concludes with a delicate aromatic mist, leaving you restored, renewed, and wrapped in serene harmony.

60 minutes 189 €

VITALITY RITUAL

The Vitality Ritual is a harmonising treatment for the face, hands, and feet. The journey unfolds with an aromatic awakening and gentle warmth, followed by a brightening marine facial to restore radiance. A smoothing hand treatment softens the skin, while warm, mineral-rich botanicals relax the feet and support circulation, leaving you renewed, glowing, and deeply relaxed.

90 minutes 239 €

THE SKINCARE ATELIER

Optimal results paired with a sumptuous experience; Waldorf Astoria Spa is at the forefront of skin health. Using carefully curated, prestige skincare and technology, our expert estheticians customize each service to individual needs and desired outcomes.

PERSONALIZED FACIAL RITUALS

A couture facial tailored to your unique Skin Instant®. Following a detailed analysis, your therapist selects a personalised Biologique Recherche protocol. High-performance formulas and precise techniques rebalance, hydrate, and revitalise the skin, revealing a radiant and refreshed complexion.

60, 90, 120 minutes 229 €, 299 €, 339 €

SIGNATURE LIFTING RITUAL

The Signature Lily of the Valley Lifting Ritual is a couture facial uniting advanced peptides, revitalizing seaweed, and cooling cryotherapy. A lifting cryo-peptide phase firms and energizes the skin, followed by mineral-rich European seaweed to hydrate, tone, and restore elasticity. The ritual also includes targeted care for the hands, leaving the skin nourished, smooth, and refined. The experience reveals immediate radiance, sculpted contours, and lasting rejuvenation.

75 minutes 219 €

LUMINOUS DETOX & GLOW FACIAL

Experience a technology-driven facial designed to purify, refine, and illuminate the skin. Diamond microdermabrasion smooths and resurfaces, followed by ultrasonic cleansing and an infusion that enhances absorption, leaving the complexion clear, luminous, refreshed, and visibly smoother.

60 minutes 189 €

TIMELESS ANTI-AGING FACIAL

This age-defying facial is designed to firm the skin and restore radiance. Radiofrequency stimulates collagen and improves elasticity, creating a naturally lifted appearance. Combined with targeted skincare, the treatment refines contours, leaving the skin revitalised, visibly smoother, and youthfully radiant.

60 minutes 189 €

SIGNATURE MOISTURISING RITUAL

The Signature Moisturizing Ritual is a couture facial that deeply hydrates and restores the skin. Intensive hydrating formulas and mineral-rich ingredients strengthen the skin barrier, enhance suppleness, and nourish the hands, revealing smoother, plumper, luminous skin with lasting hydration and glow.

45 minutes 179 €

BEING WELL

Our collection of massage, body treatments and wellness services. Reimagined classics and locally inspired offerings, these services showcase the very best in wellness innovation.

BEING WELL MASSAGE

This calming massage is designed to release tension and restore balance. Flowing, intentional techniques ease tightness, quiet the mind, and support deep relaxation, leaving both body and mind feeling lighter, restored, and at ease. An ideal choice for physical relief and a serene, luxurious escape.

30, 60 and 90 minutes 149 €, 169 €, 219 €

MODELING DRAINAGE MASSAGE

Indulge in a revitalizing lymphatic drainage treatment designed to support the body's natural detoxification and restore balance. Gentle, precise techniques encourage fluid movement, reduce swelling, and ease inflammation. The treatment enhances circulation and overall wellbeing, leaving the body feeling lighter, clearer, and deeply relaxed, with a renewed sense of vitality and harmony.

60 minutes 189 €

HOT STONE MASSAGE

The Hot Stone Massage is a deeply soothing ritual where heated basalt stones melt away tension and promote profound relaxation. Warm stones are placed along key energy points while the therapist uses gentle, flowing strokes to ease muscle tightness, improve circulation, and restore balance.

60 minutes 189 €

DETOXIFYING RITUAL

This purifying Biologique Recherche treatment is designed to detoxify, rebalance, and energise the body. Marine algae extracts stimulate micro-circulation and help eliminate toxins, leaving the body feeling refreshed, harmonised, and renewed with a sense of lightness and inner vitality.

90 minutes 239 €

SCULPTING RITUAL

A transformative firming ritual designed to tone, refine, and resculpt the body. This advanced Biologique Recherche treatment targets elasticity and texture to smooth, tighten, and enhance natural contours. With expert techniques and high performance formulations, it helps redefine the silhouette, leaving the body uplifted, toned, and renewed.

90 minutes 239 €

EXFOLIATING RITUAL

Reveal gently renewed and beautifully refined skin with this exfoliating and regenerating Biologique Recherche ritual. Designed to smooth, soften, and rebalance the complexion, it removes impurities, refines texture, and restores essential hydration. The skin emerges more even, supple, and revitalized, leaving a radiant, refreshed appearance and a renewed sense of overall well-being.

45 minutes 159 €

DETOXIFYING BACK RITUAL

Refresh body and mind with this revitalizing back treatment, designed to smooth, soften, and rejuvenate the skin. A mineral rich scrub with Dead Sea salts, seaweed, mint, and aloe exfoliates and hydrates, while a calming head and back massage releases tension. The result is radiant skin, deep relaxation, and a renewed sense of balance and well-being.

45 minutes 159 €

RENEWAL RITUAL

Immerse in a regal face and body ritual inspired by Cleopatra's timeless beauty. The treatment begins with the Repêchage® Vita Cura Gold lifting mask, enriched with seaweed extracts to smooth, hydrate, and illuminate the complexion. The body follows with an opulent almond and oat exfoliation, honey nourishment, and olive leaf antioxidants, leaving skin silky, renewed, and beautifully conditioned in luxurious harmony.

90 minutes 259 €

MATERNAL SERENITY

A gentle, deeply relaxing full-body massage designed specifically for expectant mothers, using pregnancy-safe oils and pregnancy-aware techniques. Your therapist will focus on relieving tension in your back, shoulders, hips and legs – common stress zones during pregnancy – while honouring your comfort and safety throughout.

60 minutes 189 €

SIGNATURE PACKAGES

Waldorf Astoria Spa introduces a collection of signature packages designed for two, where expertly tailored massage and facial treatments come together in a harmonious wellness experience. Using carefully curated, prestige skincare and refined techniques, our specialists personalise each ritual to individual needs, while creating moments of deep relaxation, connection, and shared indulgence.

SIGNATURE DUO RITUAL

A refined wellness ritual created to be shared with someone special. Relax side by side with a personalised massage or facial, each thoughtfully tailored to individual needs. This harmonious moment of relaxation is completed with a glass of champagne, offering a graceful pause for connection in a serene spa setting.

60 minutes 369 € for two persons

PARENT & CHILD

This nurturing spa ritual offers a choice of a calming massage, a light facial, or a mini manicure, thoughtfully designed to be enjoyed together by a parent and child. Shared time in our serene double treatment room creates a gentle moment of relaxation and connection, with treatments tailored to ensure comfort and care for younger guests. A harmonious experience centered on togetherness, wellbeing, and cherished memories.

50 minutes 319 € for two persons

COMPLEMENTS

Designed to complement our curated treatment offering, these enhancements can be seamlessly paired with the treatment of your choice.

SKIN INSTANT® LAB

Advanced Skin Analysis – The Skin Instant® Lab uses five precision sensors to assess hydration, elasticity, pigmentation, sebum, and water loss, guiding personalized Biologique Recherche treatments and products.

30 minutes 65 €

SIGNATURE FACELIFT MASSAGE

Revitalising Facial Massage – Uplifts and sculpts facial muscles, boosting circulation, enhancing definition, and promoting a radiant, refreshed appearance. Perfect alone or with any facial or body treatment.

30 minutes 95 €

LED FACIAL TREATMENT

LED Light Therapy – Gently supports the skin's natural functions, clarifying, rebalancing, and revitalising the complexion. Effective alone or to enhance any facial or body treatment.

15 minutes (add on) 65 €

RADIOFREQUENCY FOR FACE OR BODY

Advanced Radiofrequency Firming – Stimulates collagen and skin regeneration with controlled deep heat, rejuvenating face and body for smoother, tighter, more toned, and visibly refined skin.

30 minutes 95 €

INFRARED SAUNA BLANKET

Deep Detox Infrared Sauna – Full-body warmth promotes detoxification, supports natural toxin elimination, enhances wellness treatments, restores balance, and leaves skin refreshed, radiant, and revitalized.

30 minutes 75 €

CLOUDBOOT

Cloudboots Leg Recovery – Revitalizing compression therapy restores energy, relieves heaviness, reduces swelling, supports circulation, and promotes deep relaxation from toes to hips after long days or travel.

30 minutes 75 €

NEUROSONIC

Neurosonic Relaxation – Gentle low-frequency vibrations soothe the nervous system, promoting balance, deep relaxation, and restoration for body and mind, leaving you calm, reset, and rejuvenated.

30 minutes 65 €

BEAUTY

Enhance your natural radiance with our curated Beauty services, designed to refine and illuminate with understated elegance. Our expert therapists offer treatments, carefully tailored to highlight your features.

TINTING

Define and Enhance Your Eyes. Tinting for eyelashes and eyebrows adds natural colour and depth, instantly highlighting your eyes. The treatment also includes expert eyebrow shaping, creating a polished, balanced and beautifully framed look.

30 minutes 65 €

WAXING

Smooth, Silky Skin. Professional waxing for the face, legs, or bikini area removes unwanted hair quickly and effectively, leaving your skin smooth and beautifully soft. Ideal for a longlasting, polished look.

30 minutes 65 €

WELLNESS SUITE

The Wellness Suite at Waldorf Astoria Spa offers a private sanctuary dedicated to relaxation and renewal. Designed for unhurried moments of calm, the suite provides an exclusive setting to restore balance, comfort, and wellbeing.

The Wellness Suite offers a private, technology-enhanced wellness experience designed for deep restoration and recovery. The 60-minute flagship experience includes exclusive access to the private suite, featuring a neurosonic divan, compression boots, an infrared sauna blanket, and a vibration plate to support relaxation, circulation, and overall wellbeing. The suite also includes a bathtub and shower, allowing time to unwind and reset in complete privacy.

The Wellness Suite includes access to the spa facilities.

Hotel guest: 30, 60, 90 minutes	89 €, 139 €, 169 €
External guest: 30, 60, 90 minutes	129 €, 159 €, 189 €

SPA REMINDERS

APPOINTMENTS

We advise that you book your spa access and treatment in advance to ensure that your preferred time and service are available. Spa stays are 2 hour / visit (55€ if not included in the hotel room or treatment). When booking the treatment, access to the spa is included in the treatment price. 30-minute treatments can be booked as add-ons to another treatment.

ETIQUETTE

Upon entering the spa, guests are kindly asked to change in the changing rooms and shower before using the hot and cold wet facilities. Swimwear and a bathrobe should be worn in the spa area at all times outside the changing rooms. For comfort and hygiene, sitting on a towel in the sauna is mandatory.

IN-ROOM TREATMENTS

For the convenience of our guests, in-room treatments are available for an additional charge of 45 €. Any appointment scheduled outside the regular spa opening hours can be arranged and will incur an extra charge of 45 €.

AGE POLICY

Kindly note that the spa facilities are available to guests aged 16 and above.

CANCELLATION POLICY

We understand that schedules change and will do our best to meet your needs. Since your spa time is reserved specially for you, we kindly ask you to give a cancellation notice of at least 24 hours in advance so that someone else can enjoy this time. Cancellations made within 24 hours will incur 50 % charge. Cancellations within 12 hours (as well as no-shows) will be subject to the full charge of the booked treatment.

RESERVATIONS

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